

CROSSROADS
SEPTEMBER/OCTOBER 2018

*"I am bringing you good news of
great joy for all people."
- Luke 2:10*

Prayers for Healing



As fall approaches the Healing Prayer Team has been evaluating our programs, and we are excited to try some new ideas starting in September. At our last meeting there was a consensus that some of the pressing prayer needs at the moment include but are beyond prayers for physical healing.

We have decided to stop the monthly Healing Compline Services on Tuesday nights in favor of bringing prayers back to Sunday mornings, when we will offer healing prayer after the liturgy once a month. On the Second Sunday of every month after the dismissal, anyone who wishes may come forward to be prayed for and anointed by Rev. Lucy and a member of the prayer team.

The prayer team will continue to have our email prayer chain and we would be happy to pray with anybody at any time. You may request prayers from the team by contacting Michele Kinrade or Rev. Lucy. Your requests will be kept in the level of confidentiality that you wish. Current members of the healing prayer team include: Debbie Anderson, Jane Chick, Marilou Elles, Diane Iglesias, Michele Kinrade, Rick Kinrade, Lucy LaRocca, and Diane Pierpont. If you would like to join in this ministry of intercession, please contact Rev. Lucy.

We are also adding "Points of Prayer." Each month a different member of the prayer team will choose a topic that is on their heart and share it with the congregation during the liturgy and in our publications. Then we can all offer prayers about that subject during that month. Hopefully this will help us all expand our ideas about what healing prayer actually encompasses.

For September we will be praying for inner peace and spiritual calm despite the potential of stresses in our everyday lives. We are sent out into the world each week to go in peace to love and serve the Lord; let us be mindful of that and try to lead our lives accordingly.

Prince of Peace
Control my will
Bid this struggling heart be still,
Bid my fears and doubting cease
Hush my Spirit into peace.

Yours in Christ,
Marilou Elles, Michele Kinrade, and Lucy LaRocca



Prayers for Healing our Nation

On Tuesday, September 11th, at 7:00 p.m. we will offer a Service of Light and Peace with Holy Eucharist and Healing Prayer. All are welcome.

Meet *YOUR* Vestry



Hi, my name is Ann Harriman and I'm currently serving as a vestry member. I wasn't planning on this but I found myself raising my hand when I learned at the 2017 annual meeting they were short a member. I guess God had a different plan than I did.

I moved to Milford CT in 1978 and then to North Branford in the fall of 1989. I grew up attending Holy Trinity Episcopal Church in NYC, and my spouse grew up attending a United Church of Christ, a Congregational Church in Milford CT, although neither of us had attended a church in many years, we were at a point in our lives where we wanted to find a faith community. Due to our different experiences in different denominations we began to visit various churches in North Branford and surrounding towns, but it was Zion, that little church on Notch Hill Road that kept tugging at Carol. I wasn't so sure, about this small country church as I was concerned about being welcomed, since we were a gay couple and the world was a lot different back then, even so Carol asked me to give it a try. I took the leap and we initially attended a Christmas Eve service and then I agreed to return the following week to attend a Sunday service. It was after that service that a woman in the congregation tapped Carol on the arm and said please join us at coffee hour, reluctantly I agreed and much to my surprise there were several other people who came over to talk with us and welcomed us. We returned again and again, and after a visit to our home by the vicar Dee Anne Dodd, we became members of the congregation at Zion.

Over the years we began to participate as a couple and individually in various aspects of parish life. I served on vestry a couple of times before this term, attended bible studies, assisted with parish life, assisted with altar guild. I made the chili for the fair, made fair crafts, some of you may remember those macaroni angels, and helped with various fair duties. I've done all sorts of outreach, was a minister of communion, a reader/intercessor and prepared the Zion Rota for many years. One of the most special times for me at Zion was seeing how the Episcopal faith had led Carol to her ordination as a Deacon and how much the parish supported us while she was going through this process.

During these years I've watched Zion go through many twists and turns as vicars and members of the congregation changed, but at the end of the day I am so glad to still be a part of this little church on Notch Hill Road that continues to welcome all who walk through its doors. We are all in this together, so please always feel free to touch base with me with whatever is on your mind or with other members of the vestry as well as Rev. Lucy because this is your parish as much as it is mine and it's so important to always keep the conversation open and real so Zion in action can be what our mission strives for.

To reach me other than in person, my email is mymaggiemie@comcast.net

CROPWALK



The Clyde Work Memorial Cropwalk is being held on **Sunday, October 14 at 1:00**, starting off at Jacob's Beach in Guilford. Zion will be walking again this year and hope to have a large group. Stay tuned for more details in the coming weeks.

Because of Zion's involvement in Cropwalk the Food Pantry of North Branford has been given thousands of dollars from the proceeds each year.



ZION HOLIDAY FAIR

On **Saturday November 17**, Zion will welcome the community to our annual Holiday fair. This is a wonderful time for the parish to work together, have great fun and raise some funds for the church. However, before we can do all that, we have lots of work to do and as we know, the Zion motto is “many hands make light the work.” We do need hands.

Whether you are a seasoned fair worker or new to the fair, we really need your hands. There are many ways in which you can help out.

We need crafters, are you good at knitting or crocheting, gluing and putting things together, if you have a special craft that you can make to sell at the church, it would be much appreciated. Most crafts are being made at home, but we will have a few craft nights in the coming months, which will be posted. Also, if anyone has a special craft or project that they would like to lead at the church, please let me know.

We are looking for items for our annual White Elephant sale. Things we are looking for are; jewelry, books, Christmas decorations, puzzles, small kitchen appliances as well as dishes, glasses, pans, etc. All items can be stored downstairs in Dave's Cave! No clothes or large items please!

As the time gets closer, we will be asking for people to bake cookies for the cookie walk as well as baked goods and other items for our Homemade Goodies table.

Having chaired and worked this fair for many years, I can tell you that it is a lot of fun and a great way to share fellowship at Zion. We greatly appreciate all of the help and hard work that goes into making this a great day for the Church. If you have any questions, ideas or suggestions please let me know either in person or by email; wdwlila@yahoo.com.

FALL GATHERING OF SOUTH CENTRAL REGION

South Central Region of the Episcopal Diocese of CT, of which Zion is a part, is having our fall gathering on **Saturday, September 15th** from 9 am -1 pm.at

St. Peter's Episcopal Church, 59 Main St. Cheshire. Chris George, executive director if IRIS, Integrated Refugee and Immigrant Services in New Haven will be the conference speaker and will facilitate table conversations. Please contact Jane Chick ctycampboss@yahoo.com or 203-988-4401, if you have any questions or would like to register for childcare. Jane is now a member of the South Central leadership team.

CONTACT INFORMATION

The Zion contact list needs updates as more and more people have dropped their land-lines. Please update your contact information with parish administrator, Debbie Anderson at zion_office@att.net



EfM GROUP FORMING AT ZION THIS FALL!

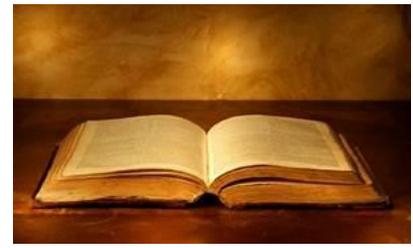
EfM is a program for adults who are looking to go deeper into scripture, learn more about church history, develop their own theology and then apply it to everyday life. Meeting in groups of six to twelve, members are encouraged to explore their beliefs through group discussion, reflection, prayer, and fellowship once a week over the course of thirty-six weeks, guided by trained mentors. Each person's experience and point of view is valued because EfM believes that we can better hear the word of God when we listen to each other's stories. And the good news is that an EfM group will be starting in the Fall right here at Zion. Rev. Lucy and Jane Chick have been trained as mentors and will be leading this group on Wednesday evenings from 6:30-9:00 p.m.

If you need more information or would like to register for the group, please contact Jane Chick at 203-988-4401 or ctycampboss@yahoo.com, administrative mentor.

KITCHEN RENOVATION

The parish kitchen will be undergoing renovations within days of this publication. Thanks to the **many hands** known and unknown who helped boxed up cabinets. Those we know are **Pat Lovelace, Carol Esposito, Lisa Latham** and **Debbie Anderson**. Thanks to those who helped clean out the filing cabinets and church school closet to make them easier to move. The cleaning and purging started in June. The physical move of all our kitchen happened on Wednesday, August 22. Pat was there early packing more boxes, **Rita Smith** as well came early and helped move boxes into the Erna Cocchiari meeting room. **Janice Ainsworth, Phil Bujalski, Carl Ford, Denise & Julianne George, Al & Nick Maiorino, Debbie & Joe Anderson, Rev. Lucy & Dave LaRocca** worked lifting and relocating the contents of our kitchen throughout Zion. The kitchen will be unusable soon as the stoves are disconnected, and the sinks will be replaced as part of the renovation.

Please see parish administrator, Debbie Anderson for more information and parishioner rate if you are looking to use the hall for a personal event. Hall use forms are available on the bulletin board in hall or on the church website.



The Gospel of Mark

Mid-Week Bible Study: Tuesday Mornings
Beginning **October 2nd** and continuing for 6 weeks, Rev. Lucy will offer a Tuesday morning Bible Study from 10:30-11:30 on the Gospel of Mark. We will have an overview of this Synoptic Gospel and discuss the gospel reading for the coming Sunday. Bring a bag lunch and continue the conversation over lunchtime! Please contact Rev. Lucy if you have any questions.

SORROW INTO THE LIGHT

Grief never ends...but it changes.

It is a passageway, not a place to stay,

Grief is not a sign of weakness, nor a lack of faith...

It is the price of love till it is time to move back into the light.

Bring your “Sorrow into the Light” is a bereavement support group for anyone struggling with the loss of a loved one, or maybe a job, the loss of a beloved pet, good health or a relationship. If you decide to join our group please think of it as a safe place for you to share your feelings and your sorrow. Know that by sharing your great burden it is a way that will start your healing process. For as you listen and respond to those in your group you can sometimes come to terms to the sorry that lies heavily in your heart as well as bringing comfort to someone else in the group.

This journey will begin on **Wednesday, September 12** through October 24th. Our meetings will be held from 7-8:30 p.m. in the chapel of the North Branford Congregational Church at 1680 Foxon Road.

Please join us in your time of need; for we must always remember that no matter what our struggles we are never alone!

The “Sorrow and Light” group will be led by Gerry Borgerson, a retired Marriage and Family Therapist. If you have questions please feel free to call Gerry at 203-483-1116.



left to right Dave LaRocca, Janet Ainsworth, Phil Bujalski, Rev. Lucy, Julianne George, Denise George, Al Maiorino, Nick Maiorino, Debbie Anderson

September/October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
<i>Pentecost 15</i> HE 8& 10 a.m. AA	<i>Yoga</i>			<i>Yoga</i> AA	AA	
9	10	11	12	13	14	15
<i>Pentecost 16</i> HE 8& 10 a.m. AA	<i>Yoga</i>	<i>7 p.m. Holy Eucharist & Healing Prayer at Zion</i>		<i>Yoga</i> AA	AA	
16	17	18	19	20	21	22
<i>Pentecost 17</i> HE 8& 10 a.m. AA	<i>Yoga</i>			<i>Yoga</i> AA	AA	
23	24	25	26	27	28	29
<i>Pentecost 18</i> HE 8& 10 a.m. AA	<i>Yoga</i>			<i>Yoga</i> AA	AA	
30	OCT 1	2	3	4	5	6
<i>Pentecost 19</i> HE 8& 10 a.m. AA	<i>Yoga</i>	<i>Bible Study</i>		<i>Yoga</i> AA	AA	
7	8	9	10	11	12	13
<i>Pentecost 19</i> HE 8& 10 a.m. AA	<i>Yoga</i>	<i>Bible Study</i>		<i>Yoga</i> AA	AA	
14	15	16	17	18	19	20
<i>Pentecost 20</i> HE 8& 10 a.m. <i>Cropwalk</i> AA	<i>Yoga</i>	<i>Bible Study</i>		<i>Yoga</i> AA	AA	
21	22	23	24	25	26	27
<i>Pentecost 21</i> HE 8& 10 a.m. AA	<i>Yoga</i>	<i>Bible Study</i>		<i>Yoga</i> AA		
28	29	30	31			
<i>Pentecost 22</i> HE 8& 10 a.m. AA						

ZION EPISCOPAL CHURCH

www.zionepiscopalchurch.org

Vicar: The Rev. Lucy LaRocca

email: zionvicar@att.net

Parish Office: 203-488-7395

Administrator: Debbie Anderson: zion_office@att.net

Music Director: Ralene Goff: ralenegoff@gmail.com

Officers

Senior Warden: Lisa Latham

Junior Warden: Diane Iglesias

Treasurer: Phil Bujalski - zionsreas@att.net

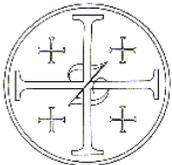
Clerk: Jane Chick

Pledge Clerk: Jennifer Elles-Jones

Vestry: Janet Ainsworth, Carl Ford, Ann Harriman, Rita Smith, Tracy Sadlon & Ann McGloin

** Parish Portrait (see page 3.)*

**Sorrow into Light (see page 4.)*



Zion Episcopal Church
326 Notch Hill Road
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zionepiscopalchurch.org
